

Published by the Sidney-Shelby Chamber, 101 South Ohio Avenue, Floor 2, Sidney, OH 45365

WE ♥ RIBBON CUTTINGS



Cutting the ceremonial ribbon are Jerry Lehman, President and Angie Fullenkamp, Customer Service Manager. Holding the ribbon are Katina Shaffer, Consumer Loan Manager and Angie Swob, Loan Officer and Assistant Customer Service Manager

CONGRATULATIONS to all that were involved in the construction of the new site of First National Bank in Botkins—it is absolutely stunning! Every detail on the interior and exterior were all about catering to the community and their customers. We wish you all the very best of luck going forward!

4 SECRETS TO BOOST DECISION MAKING IQ

How many decisions do you think you make in an average day? From the moment the alarm interrupts your blissful slumber, we are constantly deciding what to wear, what to eat, whether to respond to that text message or answer the call from an unknown number. Some sources suggest that the average person makes up to 35,000 choices per day. Assuming you are like most people and sleep about seven hours per day (and not making any decisions during that time), that means you make approximately 2,000 decisions per hour or one decision every two seconds!

There is a wealth of fascinating research about how our decisions are powerful influenced by subconscious thought processes. For example, we know the number of options we have can make a big difference in whether we purchase a product or not. Decision fatigue refers to the deteriorating quality of decisions made the more decisions that are made. It is now understood as one of the causes of irrational trade-offs in decision making.

But it's not just how many decisions or how many choices we have; we are also influenced by *when* we make decisions. Because of the possibility of conflict and unwanted outcomes, making decisions can be stressful.

Being aware of your strengths and weaknesses and those invisible forces that influence our decisions helps alleviate that stress and grow your decision-making IQ.

There is a wealth of literature about the very real effects of decision fatigue. Unfortunately, it happens to all of us and even small decisions add up and drain your mental resources.

Here are 4 secrets to grow your decision-making IQ.

1. Make important decisions in the morning. Save the mundane decisions for the end of the day and save the simple things for the evening. Selecting your outfit the night before, making a shopping list and sticking to it, or putting your gym bag by the door so you don't even have to think about whether you'll go to the gym the next day can make a big difference.

2. Commit to scheduled routines. Don't decide whether you'll pick up dinner on the way home or warm up left-overs. Structure those things that you have to do – laundry, grocery shopping, paying bills, etc. – in a predictable schedule that takes no decision-making and commit to it.

(article continued on page 2)

OCTOBER

Meeting & Event Dates

- 1, 8 The Great Sidney Farmer's Market**
- 15** 8:00—12:00 noon—Shelby County Court Square
www.sidneyalive.wpcostaging.com/farmers-market
- 1 Historic Sidney Theatre Presents: Ohio State vs. Rutgers**
3:30 p.m.—120 West Poplar Street
www.sidneytheatre.org
- 5 Shelby County Safety Council**
Topic: MMJ,THC,CBD,OMG: The Employer's Challenge
Speaker: Allison Sharer, Working Partners System, Inc.
12:00 noon—Wilson Health, 915 West Michigan Street
- 5 Wilson Health Cancer Center Ribbon Cutting**
12:00 noon—915 West Michigan Street (Door 18)
- 6 Gateway Arts Council Presents: Bad Art Ball**
6:30 p.m.—Doors Open; 7:00 p.m.—Event Begins
Palazzo, 309 South Main Street, Botkins
www.gatewayartscouncil.org/badart
- 7 National Manufacturing Day**
- 9 Senior Center Singers Fall Concert**
2:00 p.m.—304 South West Avenue—FREE and Open to the Public
- 11 Economic Outlook Luncheon Presented by Mutual Federal**
11:30 a.m.—1:15 p.m.—Sidney-Shelby County YMCA, 300 East Parkwood Street
(additional information on page 2)
- 12 Edison State Community College— State of the College Address & Reception**
3:45—5:30 p.m.—1973 Edison Drive, Piqua
- 12 - Historical Society Presents: 15th Annual**
- 13 Downtown Ghost Tour**
5:30, 6:00, 6:30, 7:00, 7:30 p.m.—Meet at Ross Center, 201 North Main Street
www.shelbycountyhistory.org/exhibits.htm
- 13 Keller Williams Home Town Realty Ribbon Cutting**
4:00 p.m.—215 West Court Street
- 13 Detailed Machining Business After Hours**
5:00—7:00 p.m.—2490 Ross Street
- 14 Sidney Alive Presents: Downtown Sidney Annual Chocolate Walk**
5:00—8:00 p.m.—Downtown Sidney
www.sidneyalive.wpcostaging.com/eventscalendar

ADDITIONAL MEETINGS & EVENTS ON PAGE 2



FROM JEFF'S DESK—HELP US HELP YOU

Ongoing challenges to recruit new hires is prevalent in most local organizations. Over the past 18 months or so the Chamber has devoted significant energy toward creating and promoting the lifestyle we enjoy in Sidney and Shelby County Ohio. Doing so we believe will entice more individuals & families to locate here and begin a career with one of our many fine employers.

If you haven't already, we encourage you to visit www.ExperienceSidney.com for a look around. Our goal with this site is to help influence the decision process of those considering a relocation during the time they are actively looking. Additionally, ExperienceSidney.com can be instrumental with acquainting your potential new hires with our community at the time they are contemplating your offer of employment.

WE NEED YOUR HELP. Please consider adding a digital link on your organization's web site to www.ExperienceSidney.com. Placement on your employment page may help "seal the deal" on your job offer. Placement on your home page will demonstrate your community pride and help position Sidney and Shelby County as the ideal place to live that we know it to be.

For those interested, we also have postcards available that you can include in post interview or job offer packets. Additionally, might we suggest including a link to ExperienceSidney.com in all employment candidate email correspondence to make it easy for your applicants to find us.

Available are a variety of digital graphics to accompany a link on your web site



Also available is a QR code that links to ExperienceSidney.com suitable for use on your printed items

2022 ECONOMIC OUTLOOK LUNCHEON PRESENTED BY MUTUAL FEDERAL

Tuesday, October 11, 2022

11:30 a.m.—1:15 p.m.

Sidney-Shelby County YMCA, 300 East Parkwood Street

RSVP to YMCA at (937) 492-9134

Speaker:

Richard Kaglic



Richard Kaglic is the vice president and senior regional officer of the Cincinnati Branch of the Federal Reserve Bank of Cleveland. He manages the Bank's relationships with the Cincinnati Branch's board of directors and business advisory councils in Cincinnati and Dayton, and Lexington, Kentucky, and serves as the Bank's regional economist in Cincinnati.

Mr. Kaglic joined the Federal Reserve System in 1994 as a senior business economist at the Federal Reserve Bank of Chicago, where he served for 11 years. Subsequently, he was a senior regional economist at the Charlotte Branch of the Federal Reserve Bank of Richmond.

Prior to his service in the Federal Reserve System, Mr. Kaglic was a senior economist at Eaton Corporation and the chief economist at the Washington Employment Security Department.



ADDITIONAL OCTOBER MEETINGS & EVENTS

- 14 Senior Center Friday Fun Night—Karaoke**
7:00 p.m.—FREE & Open to Public Age 50 or Better
304 South West Avenue
- 14 Historic Sidney Theatre Presents: George Michael Reborn Starring Robert Bartko**
8:00 p.m.—120 West Poplar Street
www.sidneytheatre.org
- 15 Sidney Alive Presents: Boos and Brews Festival**
www.sidneyalive.org/events
- 20 Chamber Leadership**
Topic: Geography, History and People of Shelby Co.
9:00 a.m.—Light Breakfast. 9:15 a.m.—Session Begins
TBD
- 21- Senior Center Annual Fall Bazaar**
- 22 Friday from 9:00 a.m.—5:00 p.m.; Saturday from 8:00 a.m.—12:00 noon—304 South West Avenue**
- 21 Historic Sidney Theatre Presents: Ashley Raye**
7:30 p.m.—120 West Poplar Street
www.sidneytheatre.org
- 22 Samaritan Works Scavenger Hunt**
5:00—8:00 p.m.—315 East Court Street
(additional information on this page)
- 26 Workforce Partnership Fall Partner Update**
11:30 a.m.—1:00 p.m.—Moose Lodge,
1200 Broadway Avenue
- 27 Express Employment Professionals & Shear Luxe Business After Hours**
5:00—7:00 p.m.—1660 & 1670 Gleason Street
- 27 Human Resources Council**
Topic: TBD
12:00—1:00 p.m.—Holiday Inn Express & Suites,
450 Folkerth Avenue
- 28 SCARF Presents: Fur-tastic Friday**
5:00—7:00—Lawn near Gay Smith Associates,
Downtown Sidney
www.facebook.com/HealthShelbyCountyAnimals
- 29 Sidney Alive Presents: Murder Mystery Dinner—Trailer Park Tragedy**
6:00—10:00 p.m.—Historic Sidney Theatre,
120 West Poplar Street
www.sidneyalive.org/events
- 29 Senior Center Trunk or Treat**
2:00—4:00 p.m.—304 South West Ave. (parking lot)
- 31 City of Sidney Trick or Treat**

ANNUAL SAMARITAN WORKS SCAVENGER HUNT

10.22.22! 5PM TO 8PM
315 E COURT ST SIDNEY OH

BRING YOUR TEAM TO THE OFFICE THIS WILL BE THE START.
520 A TEAM IS ALL THAT'S YOUR PART THE CUES WILL BE GIVEN TO SHOW YOU THE WAY
WORK TOGETHER AND COME HAVE A FUN FILLED DAY

TEAMS MAY REGISTER AT THE OFFICE AND ONLINE

4 SECRETS TO BOOST DECISION IQ (continued from page 1)

3. Keep your blood sugar steady. A study that examined the parole decisions of a group of judges showed that they were more likely to grant parole at the start of the day. As time went on and they got more mentally fatigued, they were more likely to deny parole, which was the default decision. In the time right after their meal, their likelihood of granting parole jumped back up to morning levels and then steadily decreased throughout the afternoon.

4. Avoid impulse decisions. Don't listen to the instant gratification seeker who doesn't always consider the consequences.

The bottom line: the best decision-makers are those who know when *not* to make important decisions.

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WELCOME NEW MEMBERS

DEAM AUTO CARE, LLC

BUSINESS CATEGORY: Automotive

Blake Deam
321 West North Street
Sidney, Ohio 45365
Phone: (937) 710-5966
Web Site: www.deamautocare.com



DESERT LILY DESIGN CO.

BUSINESS CATEGORY: Computer Services

William Sember
533 Campbell Road
Sidney, Ohio 45365
Phone: (937) 630-1182
Web Site: www.desertlilydesign.co



DESERT LILY DESIGN CO

KETTERING HEALTH TROY

BUSINESS CATEGORY: Healthcare

Michael Brendel
600 West Main Street
Troy, Ohio 45373
Phone: (937) 980-7192
Web Site: www.ketteringhealth.org



CHAMBER FOUNDATION GRANT SUBMISSION DEADLINE APPROACHING

The Sidney-Shelby County Chamber of Commerce is again inviting its member schools and other Chamber member organizations involved with the education of Shelby County youth to make application to its Foundation for an education grant.



The Chamber Foundation is an important component of our overall mission. Through the generosity of Chamber members, we are able to financially support many wonderful education-based programs throughout Shelby County. These are teacher driven, education enrichment initiatives that might not otherwise occur without support from our Foundation.

Last year Chamber Foundation Trustees approved thirteen (13) grant requests submitted by Chamber member schools and other youth education organizations. In total, more than \$11,100 was granted to the following: Big Brothers Big Sisters, Anna Schools, Midwest Regional ESC, Lehman High School, Shelby County Historical Society, Fairlawn Schools, Jackson Center Schools, Botkins Schools, Hardin-Houston Schools, and Raise the Roof for the Arts. Additional funding was also provided to the Workforce Partnership of Shelby County.

To request a 2022 grant application, interested Chamber members can call the Chamber at 492-9122, e-mail jraible@sidneyshelbychamber.com, or download an application from the Chamber web site www.sidneyshelbychamber.com.

The deadline for submitting an application is October 15, 2022.

MEMBER SPOTLIGHT—SIDNEY AUDIOLOGY A DIVISION OF AUGLAIZE AUDIOLOGY

Sidney Audiology was born because we saw a need in the Sidney area for professional hearing care delivered by licensed Audiologists. Vanessa Lee the owner and founder of Auglaize and Sidney Audiology started her career in the 1990's right here in Sidney working alongside Doctors Welsh and Harris. She then went on to become the head of speech and hearing at Lima Memorial Hospital and later start Auglaize Audiology. Auglaize Audiology was started some 18 years ago in Wapakoneta with the idea that a practice can survive and thrive while providing care to ALL no matter the age or income. That same idea is alive and well right here in Sidney! At Sidney Audiology our staff strives to provide the best care possible while we treat each person with dignity, care, and compassion.

We are blessed to be able to offer hearing devices from many different manufacturers to assure that each person gets what THEY need! Services are delivered with care and compassion as the staff works to help all who come through the doors. We work with most insurance companies, offer competitive pricing and innovative purchase options such as hearing aid leasing! If that is not enough to meet the needs of those in our care, we have a registered non-profit The Hearing HOPE Project! If you know someone in need, come by our office or visit our website for an application. Sidney Audiology will accept any donation so that we can continue to serve those in need in this community with the quality and dignity they deserve!

At Sidney Audiology we are confident that whoever walks through our doors will be given the best care, the best price, and feel that they made the best choice for their hearing care.

Sidney Audiology staff includes:

Audiologists Vanessa Lee M.A. and Megan Miller Au.D.

Office Manager Trisha Copeland

Hearing Instrument Specialist (in training) Britni Klosterman

Patient Care Coordinator Brenda Brackman



CHAMBER LEADERSHIP KICKS OFF ITS 33RD YEAR!

Wednesday, September 21st kicked off the 33rd year of the Sidney-Shelby County Chamber Leadership Program. The purpose of this program continues to be to increase the quality and quantity of individuals capable of accepting leadership roles within the communities throughout Shelby County.

The curriculum consists of ten sessions—one per month from September through June, typically on the third Thursday. Topics covered are: leadership skill development; local history, people and geography of Shelby County; economic development; law enforcement, fire, rescue and criminal justice; education; human services; media; health services; city and county government and agriculture.

Participants are exposed to a variety of civic and economic resources and issues in our area.

There are already six on the waiting list for next year's class. If you are interested as well, contact Dawn Eilert at (937) 492-9122.

2022-2023 Chamber Leadership Class

- Tricia Alloway, Samaritan Works
- Duane Caudill, Upper Valley Career Center
- Tyler Davis, Shelby County Board of DD
- Stacie Dirksen, Emerson
- Bradley Evers, Lincoln Electric Automation
- Grant Gleason, US Bank
- Judie Godwin, New Choices, Inc.
- Sarah Graves, Hemmelgarn Services, Inc.
- Chance Guisinger, City of Sidney Fire & Rescue
- Kaleb Headings, Tri-County Veterinary Service
- Zach Hill, Homes by Hill, LLC
- Rolly Himes, Ashley Himes Insurance & Financial
- Susan Hoehne, Emerson
- Timothy Hurysz, City of Sidney
- Daniel Liette, Superior Aluminum Products
- Seth Middleton, Minster Bank
- Kathy Miller, Culver's Restaurant
- Emily Neu, Shelby County United Way
- Bryan Ramage, City of Sidney Fire & Rescue
- Frances Scholl, Sidney Daily News
- Jeff Simon, City of Sidney Fire & Rescue
- Matt Steinke, Emerson
- Adam Vanderhorst, Vanderhorst Financial Svcs.
- Tiffany Vanhoose, US Bank
- Aaron Watkins, WiseBridge Wealth Management

SENIOR Center *Celebrating* 25 YEARS

OF SIDNEY-SHELBY COUNTY

OCT 5: Blood Drive
OCT 7: Board Meeting, 9A
OCT 9: *Singers Concert, 2P FREE
OCT 11: Carry-in, 11:30A
 -Flu Shot Clinic, 9A - Noon

OCT 21&22: *Fall Bazaar
 Friday, 9-5P & Saturday, 8A-Noon
OCT 25: Health Luncheon, 11:30A
OCT 29: *Trunk-or-Treat, 2-4P
 *Open to public



304 S. West Avenue, Sidney, OH 45365
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