

Published by the Sidney-Shelby Chamber, 101 South Ohio Avenue, Floor 2, Sidney, OH 45365



## WE ❤️ RIBBON CUTTINGS!

On Sunday, February 20, the Upper Room Christian Center opened its doors for the very first time in Sidney, Ohio!

Cutting the ribbon are Arthur Franklin, his wife Tieca, Bishop Howard Daniel and his wife Tina.

The sermon preached by Bishop Daniel that morning was incredible—Sunday worship is open to all—10:00 a.m. at 1106 North Main Street.

Congratulations! We can't wait to see all the amazing things that will happen here!

## CHAMBER MAIL

Any Chamber member business in good standing may submit 575 copies of a flyer to be mailed to the entire Chamber membership for a fee of \$50.00 per mailing. These mailings are scheduled to occur on a **quarterly** basis on the first day of each month (January 1, **April 1**, July 1, and October 1).

1. Chamber member organizations are asked to submit a proof of their intended Chamber Mail flyer to the Chamber office at least 30 days in advance of their mail date.
2. The Chamber President or Vice President will review and approve the content of their flyer within two business days of its receipt.

Chamber member organization will then provide 575 copies of the approved Chamber Mail flyer to the Chamber office no later than the 15<sup>th</sup> of the month prior to the scheduled mail date (i.e., for April's mailing, inserts would need to be at the Chamber office no later than the 15<sup>th</sup> of March).

For more information on this program, please contact Dawn Eilert at [deilert@sidneyshelbychamber.com](mailto:deilert@sidneyshelbychamber.com) or (937) 492-9122.

## MARCH

### Meeting & Event Dates

- 1 **Seniormark Presents: Medicare Planning Workshop**  
5:30 p.m.—2551 West Michigan Street  
[www.seniormark.com/workshops](http://www.seniormark.com/workshops)
- 2 **Shelby County Safety Council**  
Topic: Work Site Evaluation for Prevention of Workplace Violence  
Speaker: Brad Ridenour, Ergonomist, Ohio BWC  
10:00—11:00 a.m. via Zoom
- 3 **YMCA Community Partners Campaign Kick-off Luncheon (RSVP Required)**  
12:00—1:00 p.m.—300 East Parkwood Street
- 3 **Seniormark Presents: Social Security & 401(k) Planning Workshop**  
5:30 p.m.—2551 West Michigan Street  
[www.seniormark.com/workshops](http://www.seniormark.com/workshops)
- 3-6 **Sidney Dance Company Presents: Peter Pan**  
7:00 p.m.—Thursday, Friday, Saturday; 2:00 p.m.—Sunday—Historic Sidney Theatre, 120 West Poplar St.
- 4 & **Big Brothers/Big Sisters Bowl For Kids' Sake**
- 5 Bel-Mar Lanes, 101 West Russell Road  
[www.bigbrobigsis-shelbydarke.org/bowl-for-kids-sake.html](http://www.bigbrobigsis-shelbydarke.org/bowl-for-kids-sake.html)
- 8 **Chamber Board of Directors**  
11:30 a.m.—The Hive Executive Center, 101 South Ohio Avenue, Lower Level
- 8 **Chamber Annual Dinner**  
5:00 p.m.—Social (cash bar); 6:00 p.m.—Dinner (more information on page 2)
- 9 - **Ohio Safety Congress & Expo—Online**
- 10 [www.ohiosafetycongress.com/index.cfm](http://www.ohiosafetycongress.com/index.cfm)
- 10 **Seminar: Essential SEO Strategies**  
8:30—10:30 a.m.—Holiday Inn Express & Suites, 450 Folkerth Avenue (more information on page 2)
- 10 **Piqua Country Club Business After Hours**  
5:00-7:00 p.m.—9812 North Country Club Road, Piqua  
RSVP: [jiskow@hampton.golf](mailto:jiskow@hampton.golf) or (937) 773-7744
- 12 **Salvation Army Presents: Nocturnal Fury Dodgeball Tournament**  
7:00 p.m.—419 Buckeye Avenue  
To register, call Ryan at (937) 244-5262 by March 6

ADDITIONAL MEETINGS & EVENTS ON PAGE 2



### What Are the Needs of Your Workforce?

The center for Workforce Development & Work-Based Learning at Edison State would like to know how we can be of service to your organization. We are dedicated to our community and this survey will assist us in evaluating and meeting our stakeholders' needs. Five lucky winners from those completing the survey will be selected to receive a \$5 Winans gift card. Scan the QR code to take the survey—and thank you!

Contact Trisha at [teilliot2@edisonohio.edu](mailto:teilliot2@edisonohio.edu) or Roger at [rfulk@edisonohio.edu](mailto:rfulk@edisonohio.edu) with questions.



<https://forms.gle/z6iUHw88A1aMntvb9>

Edison State Community College  
1973 Edison Drive, Piqua, Ohio 45356

<https://www.edisonohio.edu/Center-for-Workforce-Development-and-Education>

**POWER-ful You Event at Our Creative Marketplace**  
March 22—6:00-7:30 p.m.—310 West Main Street, Anna  
[www.facebook.com/groups/Power4Women/events](https://www.facebook.com/groups/Power4Women/events)



## FROM JEFF'S DESK

The Trustees of the Sidney-Shelby County Chamber of Commerce Foundation met late last year to review education grant applications for the 2021-22 school year. As you may recall, the Chamber Foundation is an extension of our Chamber's mission that supports education enrichment initiatives that will better prepare the youth of our community for their entry in the workplace of our members. Through the generosity of Chamber members, each year we are able to fund many wonderful education improvement programs throughout Shelby County. These are educator driven initiatives that might not otherwise occur if not for the financial support from our Foundation.

In addition to member contributions, support for the Chamber Foundation also includes a substantial \$5,000 annual donation from Honda of America that significantly assists our Foundation with funding education-based projects throughout Shelby County.

In January of this year, Foundation grants were distributed to thirteen (13) member schools and organizations involved with the education of Shelby County youth. In total, more than \$11,100 was granted to the following: Midwest Regional Education Service Center, Botkins Schools, Fairlawn Schools, Hardin-Houston Schools, Anna Schools, Jackson Center Schools, Lehman High School, Big Brothers/Big Sisters, the Shelby County Historical Society, and Raise the Roof for the Arts.

In addition, the Chamber Foundation continued its support for the Workforce Partnership of Shelby County with a substantially increased level of funding pledged for years 2022, 2023, and 2024.

Information about the Sidney-Shelby County Chamber of Commerce Foundation may be obtained by calling us or by visiting our web site at [www.SidneyShelbyChamber.com](http://www.SidneyShelbyChamber.com).

### ADDITIONAL MARCH MEETINGS & EVENTS

- 17 St. Patrick's Day
- 17 Chamber Leadership  
Topic: Education  
8:15 a.m.—TBD
- 17 - St. Patrick's Day Pub Crawl
- 19 4:00 p.m. Thursday—12:00 a.m. Saturday  
Downtown Sidney  
[www.sidneyalive.wpcomstaging.com/events/calendar/](http://www.sidneyalive.wpcomstaging.com/events/calendar/)
- 17 - Lehman Catholic High School Presents:
- 19 The Wizard of Oz  
7:00 p.m.—Thursday; 8:00 p.m.—Friday & Saturday  
Historic Sidney Theatre, 120 West Poplar Street  
[www.sidneytheatre.org/all-events](http://www.sidneytheatre.org/all-events)
- 19 Historical Society Presents: Cruise Sidney  
5:00—8:00 p.m.—[www.facebook.com/ShelbyCountyHistoricalSociety/](http://www.facebook.com/ShelbyCountyHistoricalSociety/)
- 24 Human Resources Council  
12:00—1:00 p.m.—Holiday Inn Express & Suites, 450 Folkerth Avenue
- 24 YPConnect—Meet the Sidney City Manager  
12:00—1:00 p.m.—Amos Memorial Library, 230 East Poplar Street  
[www.sidneyshelbychamber.com/events](http://www.sidneyshelbychamber.com/events)
- 25 Historic Sidney Theatre Presents: The Small Town Brothers Concert  
7:00 p.m.—Doors Open; 7:30 p.m.—Concert Begins  
Historic Sidney Theatre, 120 West Poplar Street  
[www.sidneytheatre.org/all-events](http://www.sidneytheatre.org/all-events)

### CHAMBER ANNUAL DINNER & AWARDS BANQUET

Tuesday, March 8th  
5:00 p.m.—Cash Bar Social  
6:00 p.m.—Dinner

#### THERE'S STILL TIME TO SIGN UP!!!

RSVP: Call us at 937-492-9122 or email [deilert@sidneyshelbychamber.com](mailto:deilert@sidneyshelbychamber.com)

WE'LL SEE YOU THERE!

WE HOPE YOU ARE  
PLANNING TO JOIN US  
FOR THIS EVENT TOO!

### 2022 CHAMBER GOLF CLASSIC

Tuesday, May 24th  
10:30 a.m.—Shotgun Start  
Shelby Oaks Golf Course



Education credits can be expensive, but not at OSC22! Just like attendance, CEUs are free.

Your attendance at live sessions can help you earn continuing education credits for safety professionals, human resource managers, attorneys, nurses, and rehabilitation professionals. You can also meet requirements for BWC rating programs.

OSC22 sessions will help you achieve success in business strategies, innovation and technology, governance and compliance, workers' compensation, and professional development. View the entire slate of live and on-demand sessions at [www.ohiosafetycongress.com](http://www.ohiosafetycongress.com).

Register today and invite your colleagues. Tell us which sessions you'll be attending using @OhioBWC #OSC22.

If you're an environmental specialist, we've got you covered. Earn CEUs at the Ohio EPA's education day on March 8 - see more information below.

We'll see you online!

## ENVIRONMENTAL REGULATIONS FOCUS OF FORUM ON MARCH 8

Ohio EPA recognizes it can be a challenge to understand and keep up with regulations that apply to your business. As a compliment to BWC's Ohio Safety Congress & Expo, four environmental sessions will be presented by the Ohio EPA on Wednesday, March 8.

Continuing education units (CEUs) will be available for all OEPA sessions.

- 8:00—9:00 a.m.—NPDES Construction Stormwater 102
- 10:00—11:00 a.m.—Decoding RCRA: Navigating the Basics of Hazardous Waste
- 1:00—2:00 p.m.—Ohio EPA's Air Pollution Permit Requirements
- 3:00—4:00 p.m.—What to Expect During an Ohio EPA Virtual Inspection

To learn more about OEPA sessions at OSC22, visit [www.ohiosafetycongress.com](http://www.ohiosafetycongress.com) and register now!



## ESSENTIAL SEO STRATEGIES: GET YOUR BUSINESS FOUND ON GOOGLE

THURSDAY, MARCH 10—8:30—10:30 a.m.  
Holiday Inn Express & Suites, 450 Folkerth Avenue



A strong SEO presence is a key to getting noticed online. In this interactive workshop, the experts at Marketing Essentials will show you ways you can improve your search engine rankings and gain traffic and leads from Google. We will also focus on local SEO, a topic of particular importance for businesses focused on a local market. During the workshop, we will review some of the biggest changes you can make to boost your SEO and review participants' websites to share feedback and recommendations.

**Registration:** Contact the Chamber office to register for this event. Advanced registration preferred. Phone (937) 492-9122 or email Dawn at [deilert@sidneyshelbychamber.com](mailto:deilert@sidneyshelbychamber.com).

## WELCOME NEW MEMBERS

### COVER CROP SHOP, LLC dba SUSTAIN SEED & SOIL

**BUSINESS CATEGORY:** Agricultural

Eric Belcher  
739 South Vandemark Road  
Sidney, Ohio 45365  
Phone: (855) 667-3943  
Web Site: [www.sustain.farm](http://www.sustain.farm)



### FIFTH THIRD BANK OF WESTERN OHIO

**BUSINESS CATEGORY:** Financial Services/Banking

Mike Phillips  
2300 West Michigan Street  
Sidney, Ohio 45365  
Phone: (937) 498-2237  
Web Site: [www.53.com](http://www.53.com)



### JOHNSTON FARM AND INDIAN AGENCY

**BUSINESS CATEGORY:** Travel & Tourism

Andy Hite  
9845 North Hardin Road  
Piqua, Ohio 45356  
Phone: (937) 773-2522  
Web Site: [www.johnstonfarmohio.com](http://www.johnstonfarmohio.com)



### PIQUA COUNTRY CLUB

**BUSINESS CATEGORY:** Golf Course

Jay Iskow  
9812 North Country Club Road  
Piqua, Ohio 45356  
Phone: (937) 773-7744  
Web Site: [www.piquacountryclub.com](http://www.piquacountryclub.com)



### TOWNEPLACE SUITES BY MARRIOTT

**BUSINESS CATEGORY:** Accommodations

Jennifer Thieman  
420 Folkerth Avenue  
Sidney, Ohio 45365  
Phone: (937) 622-7500  
Web Site: [www.marriott.com/daytd](http://www.marriott.com/daytd)



SIDNEY CO-OPERATIVE NURSERY SCHOOL

# OPEN HOUSE

FOR 2022-2023 SCHOOL YEAR

## MARCH 6, 2022

### 3-5PM

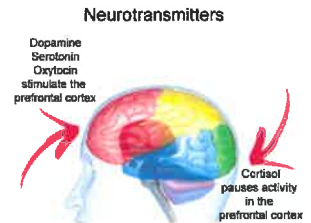
2220 N MAIN AVE.  
SIDNEY, OH 45365  
(937) 492-9744

## NEUROSCIENCE OF EMPLOYEE ENGAGEMENT

Engaged employees stay for what they can contribute. Disengaged employees stay for what they can get. So, what's the secret of the most engaged employees?

Engaged employees are passionate about their jobs, and they have a strong impact on the company's success. Satisfied employees are okay...they may even be content, but that doesn't mean they are engaged. They aren't setting any fires, but they aren't setting any records either. Even the ones who don't like their jobs may be *just satisfied enough not to leave*. Some of your most satisfied employees may be doing the most damage to your culture and your bottom line.

Neuroscience now gives us an understanding of why and how people feel engaged at work. It's a complicated dance between the survival brain, emotional brain, and thinking brain. It also has everything to do with the neurotransmitters that are released from the limbic system, or the emotional brain. These chemicals are dopamine, serotonin, oxytocin, and cortisol, and they activate different parts of the brain.

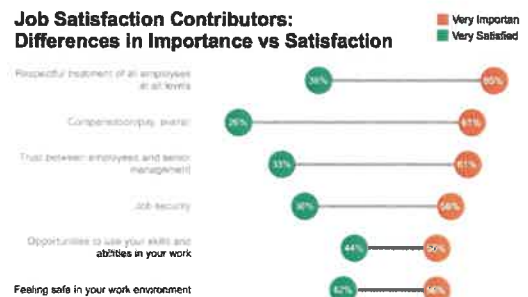


**The Smart Chemicals**—Let's peek inside an engaged brain...When people are passionate about their work, they look for new challenges, new learning, whatever it takes to do what they do better. As all of this happens, dopamine is released. Dopamine is the reward and pleasure chemical, but it is also responsible for creating new learning pathways.

Now, let's say someone recognizes your efforts – maybe a handwritten note from your boss or a colleague saying hey way to go or thanks for your help on that project – the brain releases a chaser of serotonin. Serotonin is another “feel good” chemical that stimulates the *thinking brain* and is largely responsible for overall emotional well-being.

According to the 2017 SHRM Job Satisfaction Survey, of the top contributing factors to job satisfaction, three are emotional. Respectful treatment, trust, and feeling valued as a member of the team. These emotional factors – when present – release oxytocin. Oxytocin is released when we feel connected, a sense of belonging, safe and accepted. Because we are wired to connect with others, oxytocin is essential to emotional safety.

All three of these chemicals – oxytocin, serotonin, and dopamine – stimulate activity in the prefrontal cortex, or the thinking brain. This is the part of the brain that does the heavy lifting with planning, problem-solving, decision-making, impulse control and creativity.



**The Stress Chemical (cue the ominous music)** – The brain is all about safety first – and not just physical safety, but emotional safety, too. In order to survive, when any kind of threat and fear are present, the brain will focus on safety and survival and hold off on any new learning. To the brain, work-related stress, is a threat.

When we experience work-related stress, the resources that could be used for new learning are diverted to the part of the brain concerned with survival. At the first sign of danger, cortisol is released and activates the survival brain. Because the brain is so incredibly efficient, it shuts down the production of all of those good chemicals and puts the thinking brain on hold to go deal with the threat in the survival brain.

Neuroscientists have discovered that “social pain” or emotional pain activates the same brain regions as physical pain. The researchers also found that witnessing the social pain of another person activated a similar physical pain response in the bystander. People in the workplace literally become entwined with your sense of self at a neural level. Their fear/threat response becomes yours and yours becomes theirs. Emotional contagion is powerful.

Numerous surveys indicate that job stress is a pervasive problem. And all that stress is putting a lot of *thinking brains* on hold!

*This article was re-printed with permission from NeuroNugget*



# SENIOR Center Celebrating 25 YEARS

OF SIDNEY-SHELBY COUNTY

**MAR 4:** Board Meeting: 9A

**MAR 8:** Carry-In 11:30A

**MAR 18:** Dance, 7P

**MAR 22:** Health Luncheon, 11:30A

**MAR 25:** Billiard Tournament, 8:30A

**MAR 25:** Friday Fun Night Karaoke,

7P; fun, door prizes, refreshments\*

\*Open to public



304 S. West Avenue, Sidney, OH 45365  
P: (937) 492-5266 F: (937) 492-2134

www.srcentersidney-shelby.com srcenter@nktelco.net



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